



## Positive Discipline Parent Workshops 2018-2019

### Grade Level Parent Morning Meetings - Grades PK-8th

Parents of a particular grade level will gather for an Adult Morning Meeting. In this meeting, parents will experience a typical Morning Meeting. The meeting will include an interactive discussion about developmental changes characteristic to the grade level and will highlight *Positive Discipline Tools* that are being incorporated into classroom practice this year. Meetings will be held from **8:15AM - 9:30AM in Fireside**. No registration necessary.

**PreK 3/4 - September 7**

**K - September 14**

**1st/2nd - September 21**

**3rd/4th - October 5**

**5th/6th - October 12**

**7th/8th - October 19**

### Family Technology Workshop - Grades 4-8

This community focused workshop is designed for 4th - 8th grade students and their parents. We will explore the benefits and challenges that technology brings and discuss the effects that it may have on family and social interactions. Participants will have the opportunity to create a family agreement regarding the use of electronic devices. Students who attend this session with their parents will receive an out of uniform pass.

**September 13 - Saint Clement School, Fireside 6:30PM-8:00PM**

Please email Lisa Herold to register [lherold@stclementschoool.org](mailto:lherold@stclementschoool.org)

### Positive Discipline - Grades PK-8

Workshop Partner - Alphonsus Academy and Center for the Arts

*Raising Children Who Are Responsible, Respectful, Resourceful and Resilient*

Positive Discipline for Parents is the "home version" of The Responsive Classroom Approach and parallels the faculty's training in Positive Discipline in the Classroom. In this full day workshop, parents will have the opportunity to take a break from the daily "treadmill of life" while collecting practical tools to help with common challenges. Parents looking for long term solutions to sibling conflict, power struggles and daily hassles will discover ways to bring more joy and peace into the home.

**November 8 - Saint Clement Church, Chapel Space, 8:30AM - 2:30PM**

Please email Lisa Herold to register [lherold@stclementschoool.org](mailto:lherold@stclementschoool.org)

**Positive Discipline; The Early Years - Grades PK - 2**

Workshop Partner - Alphonsus Academy and Center for the Arts

The ages from three to seven are hectic for young children. Their inborn drive for emotional, cognitive and physical development propels them to explore their world. Young children have lots of ideas about how that world should operate. Their ideas, along with urges to experiment, often do not mesh with their parents' and caregivers' expectations. This workshop encourages parents to use kindness and firmness at the same time, while teaching children valuable social and life skills. This workshop is the home component to *Responsive Classroom* and *Positive Discipline in the Classroom*.

**Options:**

Fall Session - Mornings - September 18, 25, October 2, 9, at Alphonsus Academy - 8:30AM-10:30AM  
Winter Session - Evenings - February 19, 26, March 5, 12, at Saint Clement School - 6:30PM -8:30PM  
Please email Lisa Herold to register lherold@stclementschoo.org

**Positive Discipline; Adolescents, Grades 4-8**

Workshop Partner - Alphonsus Academy and Center for the Arts

The brain goes through a remodeling process during the adolescent period, which begins as early as age 10. (Daniel Siegel, *Brainstorm*.) Parents will learn how to support adolescents during this powerful transformation and will discover how to transition from "pilot to co-pilot". Participants will explore ways to "let go" while also setting limits. Activities are designed to promote the development of long term life skills.

**March 7, Saint Clement Chapel Space - 8:30AM - 10:30AM**

Please email Lisa Herold to register lherold@stclementschoo.org

**Parents Helping Parents Problem Solving Steps, Grades PK - 8**

Workshop Partner - Alphonsus Academy and Center for the Arts

Excellent "Refresher" Activity for Parents Who Have Previously Attended Workshops

*Parents Helping Parents Problem Solving Sessions* provide parents the opportunity to connect and support one another, while brainstorming solutions to common challenges. *Positive Discipline Tool Cards* will be used in these sessions to build upon concepts learned in workshop activities.

Participants will leave feeling encouraged. No registration necessary. **Saint Clement Church, Room 3W, from 8:30AM- 10:00AM on the following dates:**

<b>January 24</b>	<b>March 28</b>
<b>February 28</b>	<b>May 2</b>

**Your Child is Going to High School, Grade 8**

Workshop Partner - Alphonsus Academy and Center for the Arts

This workshop session is customized for parents of current 8th graders. Facilitators will provide a glimpse of the challenges of parenting a high schooler and offer a toolbox for managing these challenges. Parents will have the opportunity to connect with parents whose children are attending a particular high school.

**April 30 -Saint Clement Church Chapel Space, 8:30AM - 10:30AM**

Please email Lisa Herold to register lherold@stclementschoo.org

