

A Message From Our Counselors

Dear Parents,

Thank you for your dedication to our partnership aimed in supporting the wellbeing of our students throughout this challenging year. As we mentioned in our email earlier this week, we are here to support you and your families in navigating the continued uncertainty related to COVID-19, as well as having discussions and taking action to create change within ourselves and our society. We have put together a list of books, articles, organizations in need of donations, podcasts and more. We hope the following will be helpful to you as you facilitate these tough yet crucial conversations. Note: Annie & Aliza did not create any of this content. We are just sharing resources we have found on social media and online.

This Weekend:

[CNN & Sesame Street Town Hall for Kids and Families](#) (9am CT)

Resource Guides/Google Docs:

[Anti-Racist Resource Guide](#)

[Black History Month Library](#)

[Your Kids Aren't Too Young To Talk About Race](#)

[First, Listen. Then, Learn: Anti-Racism Resources for White People](#)

[Evanston Public Library Antiracist Resource List](#)

[A Detailed List of Anti-racism Resources](#)

Chicago-based Organizations:

[Chicago Community Bond Fund](#)

[Black Lives Matter Chicago](#)

[The BLOC](#)

[Crossroads Antiracism Organizing and Training](#)

National Organizations:

[Campaign Zero](#)

[Reclaim the Block](#)

[Color of Change](#)

[Official George Floyd Memorial Fund](#)

[Black Visions Collective](#)

[NAACP](#)

Lists of Children's Books:

[These Books Can Help You Explain Antiracism and Protest to Your Kids](#)

[31 Children's books to support conversations on race, racism and resistance](#)

[The Best Children's Books for Mixed Race Kids](#)

Lists of Adult/Teen Books:

[Looking for Books About Racism?](#)

[TIME Magazine Books to Read](#)

[Ibram X. Kendi's Reading List](#)

Podcasts:

[Hear to Slay](#)

[NPR's Code Switch](#)

[Intersectionality Matters with Kimberlé Crenshaw](#)

[Brené Brown with Ibram X. Kendi on How to Be an Antiracist](#)

As we head into summer, we wanted to also assist you in finding virtual/online camps and workshops for your students as many in-person camps have been postponed or cancelled. Please find the list on our [Counseling Page](#) on the Saint Clement School website.

Lastly, we have put together a list of community mental health resources for you and your students for you to reference over the summer. You will find a combination of behavioral health hospitals to call if a mental health crisis occurs, outpatient clinics and private practices to reach out to for consultations and therapy. This list can also be found on our Counseling Page.

Again, thank you for your support and open hearts. We hope you have a great summer and are here for you if you need us. You can reach us at counseling@stclementschoool.org.

Sincerely,
Aliza & Annie