

St Clement October 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Roasted Chicken Legs Corn and Black Bean Salad Fresh Vegetable Fresh Fruit	4 Roasted Pork Loin Applesauce Fresh Vegetable Fresh Fruit	5 Cheese Ravioli Tomato Basil Cream Sauce Wheat Garlic Bread Fresh Vegetable Fresh Fruit	6 Oven Baked Fried Chicken Mashed Sweet Potatoes Fresh Vegetable Fresh Fruit	7 Professional Development Day No Lunch	8
9	10 Columbus Day	11 French Toast Yogurt Fresh Fruit	12 Chicken Nuggets Cauliflower Mashed Potatoes Fresh Vegetable Fresh Fruit	13 Honey Baked Ham Rice Pilaf Fresh Vegetable Fresh Fruit	14 Tomato Soup & Chopped Salad (lettuc, bacon, tomato, pasta, chicken and green onion)	15
16	17 Sweet & Sour Chicken Brown Rice Edamame Fresh Fruit	18 Wheat Grilled Cheese Baked Beans Fresh Vegetable Fresh Fruit	19 Pizza Fresh Vegetable Fresh Fruit	20 Pesto (Nut Free) Pasta Wheat Garlic Bread Fresh Vegetable Fresh Fruit	21 Turkey Dogs Pretzel Twists Fresh Vegetable Fresh Fruit	22
23	24 Chicken Ceaser Wrap Roasted Potato Wedges Fresh Vegetable Fresh Fruit	25 Macaroni & Cheese Wheat Garlic Bread Fresh Vegetable Fresh Fruit	26 Beef Tacos Mexican Rice Fresh Vegetable Fresh Fruit	27 Scrambled Eggs Turkey Bacon Hash Browns Fresh Fruit	28 Special Lunch	29
30	31 Veggie Burger Pasta Salad Fresh Vegetable Fresh Fruit					